**Phoenix Mental Health Services ADHD diagnostic and treatment service**

**Self-funding patients:**

Phoenix Mental Health Services offers a comprehensive service to self-paying clients for £1400, which includes:

* A screening for ADHD
* Testing for symptoms of depression and anxiety
* A QB check, which looks at core signs of ADHD objectively
* An assessment using the DIVA 5.0
* A psychiatric assessment to make a diagnosis and commence treatment
* A psychological assessment to look at helpful and unhelpful habits resulting from living with ADHD for many years
* A full report including diagnosis, management plans and outcome measures with input from the psychiatry and psychology team

**Insured patients:**

Most insurance companies will provide funding for certain psychiatric and psychology appointments.

We can assist you with getting the right level of pre-authorisation from your insurance company. Please contact our Practice Manager on 0370 162 0673 or email on [enquiries@phoenix-mhs.com](mailto:enquiries@phoenix-mhs.com) with details of your insurance policy and coverage.

Please be mindful that some insurance companies have restrictions on the appointments they authorise once an ADHD diagnosis is made, so you need to be aware that you may have to fund your own follow up appointments.  In our experience, people require at least 2 follow-up appointments, which cost £240 per appointment.

**Medication:**

The prescription of medication for ADHD is governed by the NHS Amber Protocol which means that your GP can only give you a prescription once you have been stabilised by a specialist. In practice, this means that you need to pay for your own medication until you are a stable on your dose of medication. This is agreed between you and your Consultant Psychiatrist. The issuing of the prescription by your Consultant Psychiatrist is free, however, the medication cost will fall with you. The cost will depend on which medication you have been prescribed and the pharmacy you choose. **Costs can vary between £50 and £150 a month.**

Once you are on a stable dose, your GP can give you the prescriptions for you to take it to your local pharmacy. The process is the same as it would be for all your other medication.

The Amber Protocol also requires your Consultant Psychiatrist to review your medication and the management of your symptoms with you on a yearly basis. You will be invited to make this appointment about a month before it is due and you will receive a reminder nearer the time. Your continued yearly attendance will enable your GP to continue to prescribe this medication.

**Medication prescription:**

Medication prescriptions issued to you during your appointments are free of charge. If you require additional prescriptions between appointments, this will incur a prescription charge of £30 per prescription. Similarly, if you require a letter for school, university or occupational health, you will equally be charged £30 for the administration costs. We do not routinely issue letters to employers as all health matters should be dealt with by the employer’s occupational health system.

The prescription is written on a special prescription form (pink pad) and as a practice we keep records of all the pink pad prescriptions we issue. Medications written on a pink pad are controlled drugs and for your prescription to remain valid please do not write anything on it (this may be considered a criminal offence).

If you do not wish to use your prescription, we kindly ask you to return it to us.

**If you have any questions about anything written above, our Practice Manager would be more than happy to discuss this with you.**